

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Bingo (C) 2:30 Spiritual CD Music (C) 3:00 Church Service with Steve (C) 4:15 Friendly Visits 1:1	2 Labor Day 10:30 Labor Day Bingo (C) 2:15 Dice and Grab (C) 3:30 Root Beer Floats (C)	3 9:15 Balloon Toss (CA) 10:00 Gentle Stretch (CA) 10:30 Scenic Drive 11:00 Bean Bag Toss (CA) 2:30 Old Time Country Music (V) 4:00 Friendly Visits 1:1 5:00 Sensory & Beyond (CA)	4 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 11:45 Sensory & Beyond-CA 2:30 Seated Soccer (C) 4:00 Board Games (C) 5:15 Sensory & Beyond (CA)	5 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 10:00 Project Linus (V) 11:00 Pokeno (C) 2:00 Music w/ Sandra (V) 3:30 Cootie (C) 5:00 Sensory & Beyond-CA	6 Blue Friday 9:15 Balloon Toss (CA) 10:30 Morning Stretch (C) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:00 Movie (C) 4:00 Three or More Game-C 5:15 Sensory & Beyond-CA	7 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 2:15 Sing Along (C) 3:15 Movie (C) 3:45 Friendly Visits 1:1 4:30 Sensory & Beyond-CA
8 11:00 Bingo (C) 1:05 Seahawks vs CIN 2:30 Spiritual CD Music (C) 3:00 Church Service with First Baptist (C) 4:15 Friendly Visits 1:1	9 9:15 Balloon Toss (CA) 10:30 Piano Music with Karen (V) 11:45 Sensory & Beyond (CA) 1:45 Nails 1:1 3:00 Music Therapy (CY) 4:00 Board Games (C)	10 9:15 Balloon Toss (CA) 10:00 Gentle Stretch (CA) 11:00 Bean Bag Toss (CA) 1:45 1:1 Pet Visits w/ Cinders 2:30 Tic Tac Toe Toss (C) 4:00 Friendly Visits 1:1 4:30 Music w/ Gary (C)	11 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (CA) 11:45 Sensory & Beyond CA 2:30 Music w/ Lee 4:00 Board Games (C) 5:15 Sensory & Beyond	12 9:15 Balloon Toss (CA) 10:00 Project Linus (V) 11:00 Pokeno (C) 2:00 Music DVD (C) 2:00 Sunrise Store (V) 4:00 Fact or Fiction (C) 5:00 Sensory & Beyond	13 Blue Friday 9:30 Visits w/ Sadie 1:1 10:30 Morning Stretch (C) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:30 Knock Out Game (C) 4:00 Coffee Klatch (C) 5:15 Sensory & Beyond-CA	14 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 2:15 Spiritual Songs & Fellowship 2:30 Memorial Service Carle Graffunder (V) 3:15 Movie (C) 3:45 Friendly Visits 1:1 4:30 Sensory & Beyond-CA
15 10:00 Seahawks vs PIT 11:00 Bingo (C) 2:30 Spiritual CD Music (C) 3:00 Church Service with Mildred & Audrey (C) 4:15 Friendly Visits 1:1	16 9:15 Balloon Toss (CA) 10:30 Sing Along 11:45 Sensory & Beyond (CA) 1:45 Nails 1:1 3:00 Music Therapy (CY) 4:00 Board Games (C) 5:15 Sensory & Beyond (CA)	17 9:15 Balloon Toss (CA) 10:00 Gentle Stretch (CA) 10:30 Scenic Drive 11:00 Baseball (CA) 2:30 The Stilly Singers (V) 4:00 Friendly Visits 1:1 5:00 Sensory & Beyond-CA	18 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 11:45 Sensory & Beyond-CA 2:30 Seated Soccer (C) 4:00 Board Games (C) 5:15 Sensory & Beyond (CA)	19 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 10:00 Project Linus (V) 11:00 Pokeno (C) 2:00 Music w/ Sandra (V) 3:30 Cootie (C) 5:00 Sensory & Beyond-CA	20 Blue Friday 9:15 Balloon Toss (CA) 10:30 Morning Stretch (C) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:30 Three or More Game (C) 4:00 Coffee Klatch (C) 5:15 Sensory & Beyond (CA)	21 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 10:30 1:1 Music w/Kelly 11:00 Bingo (C) 2:15 Sing Along (C) 3:15 Movie (C) 3:45 Friendly Visits 1:1
22 11:00 Bingo (C) 1:25 Seahawks vs NO 2:30 Spiritual CD Music (C) 3:00 Church Service w/ with Tom (C) 4:15 Friendly Visits 1:1	23 9:15 Balloon Toss-CA 10:30 Piano Music with Karen (V) 11:45 Sensory & Beyond (CA) 1:45 Nails 1:1 3:00 Music Therapy (CY) 4:00 Board Games (C) 5:15 Sensory & Beyond (CA)	24 9:15 Balloon Toss (CA) 10:00 Gentle Stretch (CA) 10:30 Scenic Drive 11:00 Bean Bag Toss (CA) 1:45 1:1 Pet Visits w/ Cinders 2:30 Resident Council (CY) 4:00 Tic Tac Toe Toss (C)	25 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 11:45 Sensory & Beyond-CA 2:30 Music w/ Dean (V) 4:00 Board Games (C) 5:15 Sensory & Beyond (CA)	26 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 10:00 Project Linus (V) 11:00 Pokeno (C) 2:30 Penny Pitch (C) 4:00 Fact or Fiction (C) 5:00 Sensory & Beyond-CA	27 Blue Friday 9:15 Balloon Toss (CA) 10:30 Morning Stretch (C) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:30 Coffee Klatch (C) 4:00 Knock Out Game (C) 5:15 Sensory & Beyond (CA)	28 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 2:30 Sing Along (C) 3:30 SDA Youth Group Visits (C) 4:30 Sensory & Beyond-CA
29 11:00 Bingo (C) 1:05 Seahawks vs AZ 2:30 Spiritual CD Music (C) 3:00 Church Service with Steve (C) 4:15 Friendly Visits 1:1	30 9:15 Balloon Toss (CA) 10:30 Sing Along 11:45 Sensory & Beyond (CA) 1:45 Nails 1:1 3:00 Music Therapy (CY) 4:00 Board Games (C) 5:15 Sensory & Beyond (CA)	Locator Cascade Dining Room (C) Courtyard Dining Room (CY) Common Area (CA) Garden Lounge (GL) Living Room (LR) Patio (P) Villa Dining Room (V)	<i>Please check the daily activity schedules for changes.</i>	Wear Seahawks apparel or colors on Blue Fridays & Game Days! Seahawk, WSU & UW football schedules are available on the bulletin board in the 100 hall.	www.sunriseview.org "Like and follow Sunrise View Retirement on Facebook"	