

# October 2021

# Sunrise View Retirement Villa / Assisted Living Event Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Activity</b>  <b>Abbreviation Guide</b>                      DR-Dining Room                      L-Lobby                      S-Sunrise Lounge (apt 304)                      VAC-Vaccinated Only                      W-Weather Permitting                      RR-Reservation Required</p>	<p><b>EVERY SUNDAY</b>                      *8:30am Mass (Ch.11)                      (Your personal TV)                      *Chaplain Kelly's Message                      (On your Breakfast Trays)                      He is happy to talk with you,                      he can be reached                      at 425-422-3257.</p>	<p><b>Family Visits</b>                      Reservation are                      required for ALL visits.                      Call the Business Office                      Monday-Friday 9-4                      at 425-356-2100.</p>	<p><b>Sunrise Dollars</b>                      Residents who                      attend activities will                      receive a Sunrise Dollar                      just for attending.                      Dollars will also be given                      as prizes at games. Dol-                      lars can be used at the                      Monthly Sunrise Store.</p>	<p><b>WEAR SEAHAWKS                      COLORS OR                      APPAREL ON BLUE                      FRIDAYS AND                      GAME DAYS!</b></p>	<p><b>1 Word Search</b>                      8:30 Bus Service-VAC                      Dr. appointments only                      10:30 Indoor Visits-RR/DR                      11:00 Fab Fit Fun-DR                      1:45 Outdoor Visits-RR                      2:00 Open Mic &amp; Happy Hour                      3:30 Indoor Visits-RR/DR                      BLUE FRIDAY</p>	<p><b>2 Crack the Code</b>                      10:30 Indoor Visits-RR/DR                      10:45 Sing-Along -C                      1:45 Outdoor Visits-RR                      2:00 Bingo-DR                      3:30 Indoor Visits-RR/DR</p>
<p><b>3 Who Am I</b>                      10:00 Pumpkin Spice                      Coffee Hour-DR                      10:30 Indoor Visits-RR/DR                      1:05 Seahawks vs 49ers-FOX                      1:45 Outdoor Visits-RR                      2:00 Nondenominational                      Spiritual Service (Virtual) -DR                      3:30 Indoor Visits-RR/DR</p>	<p><b>4 Spot the Difference</b>                      8:30 Bus Service-VAC                      Dr. appointments only                      10:30 Indoor Visits-RR/DR                      11:00 Fab Fit Fun-DR                      1:30 Wii Bowling-DR                      1:45 Outdoor Visits-RR                      2:30 Creative Hour-DR                      3:30 Indoor Visits-RR/DR</p>	<p><b>5 Hidden Picture</b>                      10:30 Indoor Visits-RR/DR                      1:30 Apples to                      Apples-S/VAC                      1:45 Outdoor Visits-RR                      3:00 Horseshoe Board                      Game-DR                      3:30 Indoor Visits-RR/DR</p>	<p><b>6</b>                      8:30 Bus Service-VAC                      Dr. appointments &amp; Shopping                      10:30 Indoor Visits-RR/DR                      1:45 Outdoor Visits-RR                      2:00 Bingo-DR                      3:15 Happy Half Hour -DR                      3:30 Indoor Visits-RR/DR</p>	<p><b>7 BOGGLE</b>                      9:30 Scrabble Slam-S/VAC                      10:30 Indoor Visits-RR/DR                      11:00 Fab Fit Fun-DR                      1:45 Outdoor Visits-RR                      2:00 Pokeno-DR                      3:30 Indoor Visits-RR/DR                      3:30 Apple Cider-DR                      5:20 Seahawks vs Rams-FOX</p>	<p><b>8 Word Search</b>                      8:30 Bus Service-VAC                      Dr. appointments only                      10:30 Indoor Visits-RR/DR                      11:00 Fab Fit Fun-DR                      1:45 Outdoor Visits-RR                      2:00 Open Mic &amp; Happy Hour                      3:30 Indoor Visits-RR/DR                      BLUE FRIDAY</p>	<p><b>9 Crack the Code</b>                      10:30 Indoor Visits-RR/DR                      10:45 Sing-Along -C                      1:45 Outdoor Visits-RR                      2:00 Bingo-DR                      3:30 Indoor Visits-RR/DR</p>
<p><b>10 Who Am I</b>                      10:00 Pumpkin Spice                      Coffee Hour-DR                      10:30 Indoor Visits-RR/DR                      1:45 Outdoor Visits-RR                      2:00 Nondenominational                      Spiritual Service (Virtual) -DR                      3:30 Indoor Visits-RR/DR</p>	<p><b>11 Spot the Difference</b>                      8:30 Bus Service-VAC                      Dr. appointments only                      10:30 Indoor Visits-RR/DR                      11:00 Fab Fit Fun-DR                      1:15 John Denver Concert- DR                      1:45 Outdoor Visits-RR                      2:30 Rootbeer Floats-DR &amp; L                      3:30 Indoor Visits-RR/DR</p>	<p><b>12 Hidden Picture</b>                      10:30 Indoor Visits-RR/DR                      10:30 Scenic Drive-VAC                      "Pumpkin Patches"                      1:45 Outdoor Visits-RR                      1:30 Apples to Apples-S/VAC                      2:30 Pumpkin Painting-DR                      3:30 Indoor Visits-RR/DR</p>	<p><b>13</b>                      8:30 Bus Service-VAC                      Dr. appointments &amp; Shopping                      10:30 Indoor Visits-RR/DR                      1:45 Outdoor Visits-RR                      2:00 Bingo-DR                      3:15 Happy Half Hour -DR                      3:30 Indoor Visits-RR/DR</p>	<p><b>14 BOGGLE</b>                      9:30 Scrabble Slam-S/VAC                      10:30 Indoor Visits-RR/DR                      11:00 Fab Fit Fun-DR                      1:45 Outdoor Visits-RR                      2:00 Pokeno-DR                      3:30 Indoor Visits-RR/DR                      3:30 Apple Cider-DR</p>	<p><b>15 Word Search</b>                      8:30 Bus Service-VAC                      Dr. appointments only                      10:30 Indoor Visits-RR/DR                      11:00 Fab Fit Fun-DR                      1:45 Outdoor Visits-RR                      2:00 Open Mic &amp; Happy Hour                      3:30 Indoor Visits-RR/DR                      BLUE FRIDAY</p>	<p><b>16 Crack the Code</b>                      10:30 Indoor Visits-RR/DR                      10:45 Sing-Along -C                      1:45 Outdoor Visits-RR                      2:00 Bingo-DR                      3:30 Indoor Visits-RR/DR</p>
<p><b>17 Who Am I</b>                      10:00 Pumpkin Spice                      Coffee Hour-DR                      10:30 Indoor Visits-RR/DR                      1:45 Outdoor Visits-RR                      2:00 Nondenominational                      Spiritual Service (Virtual) -DR                      3:30 Indoor Visits-RR/DR                      5:20 Seahawks vs Steelers-NBC</p>	<p><b>18 Spot the Difference</b>                      8:30 Bus Service-VAC                      Dr. appointments only                      10:30 Indoor Visits-RR/DR                      11:00 Fab Fit Fun-DR                      1:30 Wii Bowling-DR                      1:45 Outdoor Visits-RR                      2:30 Dice &amp; Grab-DR                      3:30 Indoor Visits-RR/DR</p>	<p><b>19 Hidden Picture</b>                      10:30 Indoor Visits-RR/DR                      1:30 Apples to                      Apples-S/VAC                      1:45 Outdoor Visits-RR                      3:00 Witches Tea Party-DR                      3:30 Indoor Visits-RR/DR</p>	<p><b>20 FULL MOON</b>                      8:30 Bus Service-VAC                      Dr. appointments &amp; Shopping                      10:30 Indoor Visits-RR/DR                      1:45 Outdoor Visits-RR                      2:00 Bingo-DR                      3:15 Happy Half Hour -DR                      3:30 Indoor Visits-RR/DR</p>	<p><b>21 BOGGLE</b>                      9:30 Sunrise Store-NV                      10:30 Indoor Visits-RR/DR                      11:00 Fab Fit Fun-DR                      1:45 Outdoor Visits-RR                      2:00 Pokeno-DR                      3:30 Indoor Visits-RR/DR                      3:30 Apple Cider-DR</p>	<p><b>22 Word Search</b>                      8:30 Bus Service-VAC                      Dr. appointments only                      10:30 Indoor Visits-RR/DR                      11:00 Fab Fit Fun-DR                      1:45 Outdoor Visits-RR                      2:00 Open Mic &amp; Happy Hour                      3:30 Indoor Visits-RR/DR                      BLUE FRIDAY</p>	<p><b>23 Crack the Code</b>                      10:30 Indoor Visits-RR/DR                      10:45 Sing-Along -C                      1:45 Outdoor Visits-RR                      2:00 Bingo-DR                      3:30 Indoor Visits-RR/DR</p>
<p><b>24</b>                      10:00 Coffee Hour-DR                      10:30 Indoor Visits-RR/DR                      1:45 Outdoor Visits-RR                      2:00 Spiritual Service (Virtual)                      3:30 Indoor Visits-RR/DR</p>	<p><b>25 Spot the Difference</b>                      8:30 Bus Service-VAC                      Dr. appointments only                      10:30 Indoor Visits-RR/DR                      11:00 Fab Fit Fun-DR                      1:30 Fact or Fiction-S/VAC                      1:45 Outdoor Visits-RR                      2:30 Creative Hour-DR                      3:30 Indoor Visits-RR/DR                      5:15 Seahawks vs Saints-ESPN</p>	<p><b>26 Hidden Picture</b>                      10:30 Indoor Visits-RR/DR                      1:30 Scenic Drive-VAC                      "Haunted Everett"                      1:45 Outdoor Visits-RR                      3:30 Sunrise Store-VAC                      1st Floor apt 132                      3:30 Indoor Visits-RR/DR</p>	<p><b>27</b>                      8:30 Bus Service-VAC                      Dr. appointments &amp; Shopping                      10:30 Indoor Visits-RR/DR                      1:45 Outdoor Visits-RR                      2:00 Bingo-DR                      3:15 Happy Half Hour -DR                      3:30 Indoor Visits-RR/DR</p>	<p><b>28 BOGGLE</b>                      10:30 Town Meeting-DR                      1:45 Outdoor Visits-RR                      2:00 Pokeno-DR                      3:30 Indoor Visits-RR/DR                      3:30 Apple Cider-DR</p>	<p><b>29 Word Search</b>                      8:30 Bus Service-VAC                      Dr. appointments only                      10:30 Indoor Visits-RR/DR                      11:00 Fab Fit Fun-DR                      1:45 Outdoor Visits-RR                      2:00 Game Show                      Spooktacular-DR                      3:30 Indoor Visits-RR/DR</p>	<p><b>30 Crack the Code</b>                      10:30 Indoor Visits-RR/DR                      10:45 Sing-Along -C                      1:45 Outdoor Visits-RR                      2:00 Bingo-DR                      3:30 Indoor Visits-RR/DR</p>
<p><b>31 WITCH HUNT</b>                      10:00 Coffee Hour-DR                      10:30 Indoor Visits-RR/DR                      1:05 Seahawks vs Jags- CBS                      1:45 Outdoor Visits-RR                      2:00 Spiritual Service (Virtual)                      3:30 Indoor Visits-RR/DR</p> 						