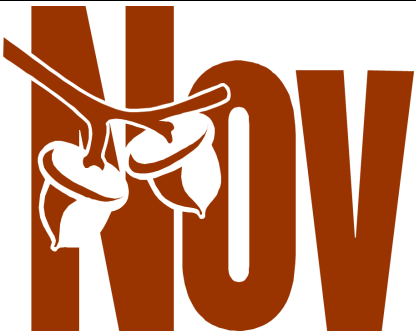


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><i>Please check the daily activity schedules for changes.</i></p>	<p>Locator Cascade Dining Room (C) Courtyard Dining Room (CY) Common Area (CA) Garden Lounge (GL) Living Room (LR) Patio (P) Villa Dining Room (V)</p>	<p>WEAR SEAHAWKS APPAREL OR COLORS ON GAME DAYS.</p>	<p>www.sunriseview.org "Like and follow Sunrise View Retirement on Facebook"</p>	<p>1 Blue Friday 9:15 Balloon Toss (CA) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:30 Three or More Game (C) 4:00 Short Stories (CY) 5:15 Sensory & Beyond-CA</p>	<p>2 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 2:15 Sing Along (C) 3:15 Movie (C) 3:45 Friendly Visits 1:1 4:30 Sensory & Beyond-CA</p>
<p>3 Daylight Savings Ends 11:00 Bingo (C) 1:05 Seahawks vs TB 2:30 Spiritual CD Music (C) 3:00 Church Service with Steve (C) 4:15 Friendly Visits 1:1</p>	<p>4 9:15 Balloon Toss (CA) 10:30 Piano music w/ Anita (V) 11:45 Sensory & Beyond (CA) 1:45 Nails 1:1 3:30 Dirty Bingo (C) 5:15 Sensory & Beyond (CA)</p>	<p>5 Election Day 9:15 Balloon Toss (CA) 10:00 Gentle Stretch (CA) 10:45 Gratitude Group (C) 11:45 Sensory & Beyond (CA) 2:30 Old Time Country Music-V 4:00 Pumpkin Spice Latte (C) 5:15 Sensory & Beyond (CA)</p>	<p>6 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (CA) 2:30 Bocce Ball (C) 4:00 Sweet Pumpkin Dip (C) 5:15 Sensory & Beyond(CA)</p>	<p>7 9:15 Balloon Toss (CA) 10:45 Intergenerational Visits (C) 2:00 Music w/ Sandra (C) 4:00 Fact or Fiction (C) 5:00 Sensory & Beyond-CA</p>	<p>8 9:15 Balloon Toss (CA) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:30 Knock Out Game (C) 4:00 Short Stories (CY) 5:15 Sensory & Beyond-CA</p>	<p>9 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 2:15 Spiritual Songs & Fellowship 3:15 Movie (C) 3:45 Friendly Visits 1:1 4:30 Sensory & Beyond-CA</p>
<p>10 11:00 Bingo (C) 2:30 Spiritual CD Music (C) 3:00 Church Service with First Baptist (C) 4:15 Friendly Visits 1:1</p>	<p>11 Veterans Day 9:15 Balloon Toss (CA) 10:30 Piano Music w/ Karen-V 11:45 Sensory & Beyond (CA) 1:45 Nails 1:1 3:30 Balloon Volleyball (C) 5:15 Sensory & Beyond (CA) 5:15 Seahawks vs SF</p>	<p>12 9:15 Balloon Toss (CA) 10:00 Gentle Stretch (CA) 10:45 Yahtzee (C) 11:45 Sensory & Beyond-CA 1:45 Visits w/ Cinders-1:1 2:30 Song Quiz (C) 4:00 Pumpkin Spice Latte (C) 4:30 Music w/ Gary (C)</p>	<p>13 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 2:30 Music w/ Michael (V) 4:00 Sweet Pumpkin Dip (C) 5:15 Sensory & Beyond (CA)</p>	<p>14 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 10:00 Project Linus (V) 11:00 Pokeno (C) 2:00 Sunrise Store (V) 3:30 Cootie (C) 5:00 Sensory & Beyond-CA</p>	<p>15 9:15 Balloon Toss (CA) 10:30 Seated Soccer (C) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:30 Three or More Game (C) 4:00 Short Stories (CY) 5:15 Sensory & Beyond (CA)</p>	<p>16 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 2:15 Sing Along (C) 3:15 Movie (C) 3:45 Friendly Visits 1:1 4:30 Sensory & Beyond-CA</p>
<p>17 11:00 Bingo (C) 2:30 Spiritual CD Music (C) 3:00 Church Service with Mildred & Audrey (C) 4:15 Friendly Visits 1:1</p>	<p>18 9:15 Balloon Toss-CA 10:30 Piano music w/ Anita (V) 11:45 Sensory & Beyond (CA) 1:45 Nails 1:1 3:30 Dirty Bingo (C) 5:15 Sensory & Beyond (CA)</p>	<p>19 9:15 Balloon Toss (CA) 10:00 Gentle Stretch (CA) 10:45 Gratitude Jar (C) 11:45 Sensory & Beyond (CA) 2:30 Song Quiz (C) 4:00 Pumpkin Spice Latte (C) 5:15 Sensory & Beyond (CA)</p>	<p>20 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 3:00 Sally & The Boys (V) 4:00 Sweet Pumpkin Dip (C) 5:15 Sensory & Beyond (CA)</p>	<p>21 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 10:00 Project Linus (V) 11-1:30 Jewelry Sale (V) 11:00 Pokeno (C) 2:00 Music w/ Sandra (V) 4:00 Fact or Fiction (C) 5:00 Sensory & Beyond-CA</p>	<p>22 Blue Friday 9:15 Balloon Toss (CA) 10:30 Seated Soccer (C) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:30 Knock Out Game (C) 4:00 Short Stories (CY) 5:15 Sensory & Beyond (CA)</p>	<p>23 9:15 Balloon Toss (CA) 9:45 Aroma Therapy w/ Fatou-C 11:00 Bingo (C) 2:45 Sing Along (C) 3:30 SDA Youth Group Visits (C) 4:30 Sensory & Beyond-CA</p>
<p>24 11:00 Bingo (C) 2:30 Spiritual CD Music (C) 3:00 Church Service w/ with Tom (C) 4:15 Friendly Visits 1:1 5:20 Seahawks vs PHI</p>	<p>25 9:15 Balloon Toss (CA) 10:30 Piano Music w/ Karen-V 11:45 Sensory & Beyond (CA) 1:45 Nails 1:1 3:30 Balloon Volleyball (C) 5:15 Sensory & Beyond (CA)</p>	<p>26 9-4 Craft Sale (V) 9:15 Balloon Toss (CA) 10:00 Gentle Stretch (CA) 10:45 Yahtzee (C) 11:45 Sensory & Beyond (CA) 2:30 Resident Council (CY) 4:00 Pumpkin Spice Latte (C) 5:15 Sensory & Beyond (CA)</p>	<p>27 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 2:30 Music w/ Jon (V) 4:00 Sweet Pumpkin Dip (C) 5:15 Sensory & Beyond (CA)</p>	<p>28 Thanksgiving Brain Teaser Puzzle "Spot The Difference" (Pick Up in The Cascade Dining Room) 2:30 Movie</p>	<p>29 Blue Friday 9:15 Balloon Toss (CA) 10:30 Seated Soccer (C) 11:15 Bible Study (C) 1:00 Apple Cup Game 1:45 Friendly Visits 1:1 2:30 Three or More Game (C) 4:00 Short Stories (CY) 5:15 Sensory & Beyond (CA)</p>	<p>30 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 2:15 Sing Along (C) 3:15 Movie (C) 3:45 Friendly Visits 1:1 4:30 Sensory & Beyond-CA</p>