

March 2020

Sunrise View Retirement Villa / Assisted Living

Event Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|---|
| 1 Who Am I 9:30 Bingo-D 2:30 Spiritual Music CD-C 3:00 Church Service Mildred Audrey-C 6:15 Netflix Movie-V | 2 Maze Craze <u>8:15 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:30 Sing Along-C 1:30 Pokeno-S 2:45 Uno-S | 3 9:30 Bingo-D 11:00 Tai Chi w/Carol-D <u>1:45 Wii Bowling-V</u> 2:30 Old Time Country Music-D 6:15 Sorry Board Game-V | 4 <u>8:15 Bus Service N&S</u> 9:00 Mending-S 9:00 Sit & Be Fit-D <u>10:20-1:00 Massages</u> 1:30 Dirty Bingo-S 3:00 Word Guessing Game-S 6:15 Cribbage-V | 5 9:00 Sit & Be Fit -D 9:30 Hidden Picture-D 10:00 Project Linus-D 2:00 Blood Press. & Wt. 2:00 Music w/ Sandra-D <u>2:15 Wii Bowling-V</u> 3:30 Pet Visits w/ Abby & Benson | 6 Crack the Code <u>8:15 Bus Service -North</u> 9:00 Sit & Be Fit -D 10:15 Bocce Ball -D 11:15 Bible Study-C 1:00 Dear Abby-S 3:30 Happy Hour-L | 7 Boggle Board 9:30 Bingo-D 10:45 Coffee Klatch-D 1:30 Uno-S 2:45 Wii Bowling-D |
| 8 Daylight Savings Who Am I 9:30 Bingo-D 2:30 Spiritual Music CD-C 3:00 Church Service w/ First Baptist -C 6:15 Netflix Movie-V | 9 Maze Craze <u>8:15 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:30 Piano Music w/ Karen-D 1:30 Pokeno-S 2:45 Uno-S | 10 10:30 Sunrise Store -3rd Floor 11:00 Tai Chi w/Carol-D 2:00 Bingo-D <u>3:15 Wii Bowling-D</u> 6:15 Sorry Board Game-V | 11 <u>8:15 Bus Service N&S</u> 9:00 Mending-S 9:00 Sit & Be Fit-D 1:30 Trip Down Memory Lane w/ David-S 3:00 Word Guessing Game-S 6:15 Cribbage-V Bingo Fundraiser | 12 9:00 Sit & Be Fit -D 9:30 Hidden Picture-D 9:45 Mary Poppins Musical At Private School 2:00 Blood Press. & Wt. <u>1:45 Wii Bowling-D</u> 3:30 Pet Visits w/ Abby & Benson | 13 Crack the Code <u>8:15 Bus Service -North</u> 9:00 Sit & Be Fit -D 10:15 Bocce Ball-D 11:15 Bible Study-C 1:30 Dear Abby-S 2:45 Wii Bowling-D 3:00 Happy Hour-L | 14 Boggle Board 9:30 Bingo-D 10:45 Coffee Klatch-D 1:30 Uno-S 2:15 Spiritual Songs & Fellowship-C 2:45 Wii Bowling-D |
| 15 Who Am I 9:30 Bingo -D 2:30 Spiritual Music CD-C 3:00 Church Service w/ Mildred Audrey-C 6:15 Netflix Movie -V | 16 Maze Craze <u>8:15 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:30 Piano Music w/ Anita-D 1:30 Pokeno-S 2:45 Uno-S | 17 St. Patrick's Day 9:30 Bingo-D 11:00 Tai Chi w/Carol-D 2:30 St. Patty's Party-D 6:15 Sorry Board Game-V | 18 <u>8:15 Bus Service N&S</u> 9:00 Sit & Be Fit-D <u>10:20-1:00 Massages</u> 10:30 Fact or Fiction-S 1:30 Skip-Bo-S 3:00 Word Guessing Game-S 6:15 Cribbage-V | 19 Spring Begins 9:00 Sit & Be Fit -D 9:30 Hidden Picture-D 10:00 Project Linus-D 2:00 Blood Press. & Wt. 2:00 Music w/ Sandra-D <u>2:15 Wii Bowling-V</u> 3:30 Pet Visits w/ Abby & Benson | 20 Crack the Code <u>8:15 Bus Service -North</u> 9:00 Sit & Be Fit -D 10:15 Bocce Ball-D 11:15 Bible Study-C 1:30 Dear Abby-S 2:45 Wii Bowling-D 3:00 Happy Hour-L | 21 Boggle Board 9:30 Bingo-D 10:45 Coffee Klatch-D 1:30 Uno-S 2:45 Wii Bowling-D |
| 22 Who Am I 9:30 Bingo -D 2:30 Spiritual Music CD-C 3:00 Church Service w/ Tom-C | 23 Maze Craze <u>8:15 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:30 Piano Music w/ Karen-D 1:30 Pokeno-S 2:45 Uno-S | 24 9:45 Yahtzee- S 11:00 Tai Chi w/Carol-D 2:00 Bingo-D <u>3:15 Wii Bowling-D</u> 6:15 Sorry Board Game-V | 25 <u>8:15 Bus Service N&S</u> 9:00 Sit & Be Fit-D 10:30 Fact or Fiction-S 1:30 Trip Down Memory Lane-S 2:30 Music w/ Dean-D 6:15 Cribbage-V | 26 9:00 Sit & Be Fit-D 9:30 Hidden Picture-D 10:00 Project Linus-D 2:00 Blood Press. & Wt. 2:00 Scenic Drive <u>2:15 Wii Bowling-D</u> 3:30 Pet Visits w/ Abby & Benson | 27 Crack the Code <u>8:15 Bus Service -North</u> 9:00 Sit & Be Fit -D 10:15 Bocce Ball-D 11:15 Bible Study-C 1:30 Dear Abby-S 2:45 Wii Bowling-D 3:00 Happy Hour-L | 28 Boggle Board 9:30 Bingo-D 10:45 Coffee Klatch-D 1:30 Uno-S 2:45 Wii Bowling-D |
| 29 Who Am I 9:30 Bingo -D 2:30 Spiritual Music CD-C 3:00 Church Service w/ Steve-C 6:15 Netflix Movie -V | 30 Maze Craze <u>8:15 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:00 Silver Creek Band-D 1:30 Pokeno-S 2:45 Uno-S | 31 10:00 Book Club-S 11:00 Tai Chi w/Carol-D 2:00 Bingo-D <u>3:15 Wii Bowling-D</u> 6:15 Sorry Board Game-V | <u>Activity Locations</u> C = Convalescent Center D = Dining Room G = Gazebo L = Lobby V = View Lounge (3rd floor) S = Sunrise Lounge (room 304) <u>Underlined Activities Require Reservations</u> | Please check the daily activity schedules for changes. | <u>Bus Service Change/Alert</u> **Bus Service will begin at 8:15am. | <u>Massage Therapy Available</u> \$13 for 15min \$25 for 1/2hr Contact Leisure Services 425-356-2107 |