

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locator Cascade Dining Room (C) Courtyard Dining Room (CY) Common Area (CA) Garden Lounge (GL) Living Room (LR) Patio (P) Villa Dining Room (V)	<i>Please check the daily activity schedules for changes.</i>	www.sunriseview.org "Like and follow Sunrise View Retirement on Facebook"	1 New Year's Day! 11:00 Bingo (C) 2:45 Dice & Grab (C) 4:00 Movie (C)	2 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 10:00 Project Linus (V) 11:00 Pokeno (C) 2:00 Music w/ Sandra (V) 4:00 Roll A Snowman (C) 5:00 Sensory & Beyond-CA	3 9:15 Balloon Toss (CA) 10:30 Soccer (C) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:30 Trip Down Memory Lane w/ David (C) 4:00 Short Stories (CY) 5:15 Sensory & Beyond (CA)	4 9:15 Balloon Toss (CA) 9:45 Aroma Therapy w/ Fatou-C 11:00 Bingo (C) 2:15 Sing Along (C) 3:30 Movie (C) 3:45 Friendly Visits 1:1 4:30 Sensory & Beyond (CA)
5 11:00 Bingo (C) 2:30 Spiritual CD Music (C) 3:00 Church Service with Steve (C) 4:15 Friendly Visits 1:1	6 9:15 Balloon Toss (CA) 10:30 Piano music w/ Anita-V 11:45 Sensory & Beyond (CA) 1:45 Nails 1:1 4:15 Cover That Number (C)	7 9:15 Balloon Toss (CA) 10:45 Ante Up (C) 11:45 Sensory & Beyond (CA) 2:30 Music DVD (C) 3:30 Swipe Dice Game (C) 4:30 Music w/ Gary (C)	8 9:00 Mending Service (V) 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (CA) 2:30 Priority Footwear Presentation (V) 4:00 Bocce Ball (C) 5:15 Sensory & Beyond (CA)	9 9:15 Balloon Toss (CA) 10:45 Intergenerational Visits (C) 2:00 Sunrise Store (V) 4:30 Roll A Snowman (C) 5:00 Sensory & Beyond-CA	10 Full Moon 9:15 Balloon Toss (CA) 10:30 Soccer (C) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:30 Boggle (C) 4:00 Short Stories (CY) 5:15 Sensory & Beyond-CA	11 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 2:15 Spiritual Songs & Fellowship (C) 3:15 Movie (C) 3:45 Friendly Visits 1:1 4:30 Sensory & Beyond (CA)
12 11:00 Bingo (C) 2:30 Spiritual CD Music (C) 3:00 Church Service with First Baptist (C) 4:15 Friendly Visits 1:1	13 9:15 Balloon Toss (CA) 10:30 Piano Music w/ Karen (V) 11:45 Sensory & Beyond (CA) 1:45 Nails 1:1 4:15 Cover That Number (C)	14 9:15 Balloon Toss (CA) 10:00 Virtual Reality (C) 11:45 Sensory & Beyond-CA 2:30 Swipe Dice Game (C) 4:00 Dominoes (C) 5:15 Sensory & Beyond (CA)	15 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 2:30 Bocce Ball (C) 3:30 Creative Writing (C) 5:15 Sensory & Beyond (CA)	16 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 10:00 Project Linus (V) 11:00 Pokeno (C) 2:00 Music w/ Sandra (V) 4:00 Roll A Snowman (C) 5:00 Sensory & Beyond (CA)	17 9:15 Balloon Toss (CA) 10:30 Seated Soccer (C) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:30 Trip Down Memory Lane w/ David (C) 4:00 Short Stories (CY) 5:15 Sensory & Beyond (CA)	18 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (C) 2:15 Sing Along (C) 3:15 Movie (C) 3:45 Friendly Visits 1:1 4:30 Sensory & Beyond (CA)
19 11:00 Bingo (C) 2:30 Spiritual CD Music (C) 3:00 Church Service with Mildred & Audrey (C) 4:15 Friendly Visits 1:1	20 Martin Luther King Jr. Day 9:15 Balloon Toss (CA) 10:30 Piano music w/ Anita-V 11:45 Sensory & Beyond (CA) 1:45 Nails 1:1 4:15 Cover That Number (C)	21 9:15 Balloon Toss (CA) 10:45 Ante Up (C) 11:45 Sensory & Beyond (CA) 2:30 Swipe Dice Game (C) 4:00 Dominoes (C) 5:15 Sensory & Beyond (CA)	22 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (CA) 2:30 Bocce Ball (C) 3:30 Creative Writing (C) 5:15 Sensory & Beyond(CA)	23 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 10:00 Project Linus (V) 11:00 Pokeno (C) 2:00 Bowling Dice (C) 4:00 Roll A Snowman (C) 5:00 Sensory & Beyond (CA)	24 9:15 Balloon Toss (CA) 10:30 Seated Soccer (C) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:30 Boggle (C) 4:00 Short Stories (CY) 5:15 Sensory & Beyond (CA)	25 9:15 Balloon Toss (CA) 11:00 Bingo (C) 2:15 Sing Along (C) 3:15 Movie 3:45 Friendly Visits 1:1 4:30 Sensory & Beyond (CA)
26 11:00 Bingo (C) 2:30 Spiritual CD Music (C) 3:00 Church Service with Tom (C) 4:15 Friendly Visits 1:1	27 9:15 Balloon Toss (CA) 10:30 Piano Music w/ Karen (V) 11:45 Sensory & Beyond (CA) 1:45 Nails 1:1 4:15 Cover That Number (C)	28 9:15 Balloon Toss (CA) 10:45 Ante Up (C) 11:45 Sensory & Beyond (CA) 2:30 Resident Council (CY) 3:30 Swipe Dice Game (C) 5:15 Sensory & Beyond (CA)	29 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 11:00 Bingo (CA) 2:30 Music w/ Jim & Beth (V) 4:00 Bocce Ball (C) 5:15 Sensory & Beyond(CA)	30 9:15 Balloon Toss (CA) 10:00 Friendly Visits 1:1 10:00 Project Linus (V) 11:00 Pokeno (C) 2:00 Bowling Dice (C) 4:00 Roll A Snowman (C) 5:00 Sensory & Beyond (CA)	31 9:15 Balloon Toss (CA) 10:30 Seated Soccer (C) 11:15 Bible Study (C) 1:45 Friendly Visits 1:1 2:30 Boggle (C) 4:00 Short Stories (CY) 5:15 Sensory & Beyond (CA)	