

January 2020

Sunrise View Retirement Villa / Assisted Living

Event Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Please check the daily activity schedules for changes.</i></p>	<p><u>Activity Locations</u> C = Convalescent Center D = Dining Room G = Gazebo L = Lobby V = View Lounge (3rd floor) S = Sunrise Lounge (room 304) <u>Underlined Activities Require Reservations</u></p>	<p>Bus Service Reminder Please empty out your baskets/carriers before using the Bus Service</p>	<p>1 New Years Day! 1:00 Fact or Fiction-S 2:15 Movie & Refreshments-D</p>	<p>2 9:00 Sit & Be Fit -D 9:30 Hidden Picture-D 10:00 Project Linus-D 2:00 Blood Press. & Wt. 2:00 Music w/ Sandra-D <u>2:15 Wii Bowling-V</u> 3:30 Pet Visits w/Abby & Benson</p>	<p>3 Crack the Code <u>8:45 Bus Service -North</u> 9:00 Sit & Be Fit -D 10:15 Bocce Ball -D 11:15 Bible Study -C 1:30 Dear Abby-S 2:45 Wii Bowling-D 3:15 Happy Hour-L</p>	<p>4 Boggle Board 9:30 Bingo-D 10:45 Aroma Therapy w/Fatou-D 1:30 "31" Card Game-V 2:15 Sing Along-C 2:45 Wii Bowling-D</p>
<p>5 Who Am I 9:30 Bingo-D 2:30 Spiritual Music CD-C 3:00 Church Service w/ Steve-C</p>	<p>6 Maze Craze <u>8:45 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:30 Piano music w/ Anita-D 1:30 Pokeno-S 2:45 Uno-S</p>	<p>7 9:30 Bingo-D 11:00 Tai Chi w/Carol-D <u>1:45 Wii Bowling-V</u> 3:45 Apples to Apples-S 6:15 Dominoes-V</p>	<p>8 <u>8:45 Bus Service N&S</u> 9:00 Mending-S 9:00 Sit & Be Fit-D 10:30 Fact or Fiction-D <u>10:20-1:00 Massages</u> 1:30 Trip Down Memory Lane w/ David-S 2:30 Priority Footwear-D Bingo Fundraiser</p>	<p>9 9:00 Sit & Be Fit -D 9:30 Hidden Picture-D 10:00 Project Linus-D 2:00 Blood Press. & Wt. <u>1:45 Wii Bowling-D</u> 3:30 Pet Visits with Abby & Benson</p>	<p>10 Crack the Code <u>8:45 Bus Service -North</u> 9:00 Sit & Be Fit -D 10:15 Bocce Ball -D 11:15 Bible Study-C 1:30 Dear Abby-S 2:45 Wii Bowling-D 3:00 Happy Hour-L</p>	<p>11 Boggle Board 9:30 Bingo-D 10:45 Coffee Klatch-D 1:30 "31" Card Game-S 2:15 Spiritual Songs & Fellowship-C 2:45 Wii Bowling-D</p>
<p>12 Who Am I 9:30 Bingo -D 2:30 Spiritual Music CD-C 3:00 Church Service w/ First Baptist -C 6:15 Netflix Movie -V</p>	<p>13 Maze Craze <u>8:45 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:30 Piano Music w/ Karen-D 1:30 Pokeno-S 2:45 Uno-S</p>	<p>14 10:30 Sunrise Store -3rd Floor 11:00 Tai Chi w/Carol-D 2:00 Bingo-D <u>3:15 Wii Bowling-D</u> 3:45 Apples to Apples-S 6:15 Dominoes-V</p>	<p>15 <u>8:45 Bus Service N&S</u> 9:00 Sit & Be Fit-D 10:30 Cover the Number-S 1:30 Ante Up Game-S 3:00 Fact or Fiction-S</p>	<p>16 9:00 Sit & Be Fit-D 9:30 Hidden Picture-D 10:00 Project Linus-D 2:00 Blood Press. & Wt. 2:00 Music w/ Sandra-D <u>2:15 Wii Bowling-V</u> 3:30 Pet Visits w/Abby & Benson</p>	<p>17 Crack the Code <u>8:45 Bus Service -North</u> 9:00 Sit & Be Fit-D 10:15 Bocce Ball-D 11:15 Bible Study-C 1:30 Dear Abby-S 2:45 Wii Bowling -D 3:00 Happy Hour-L</p>	<p>18 Boggle Board 9:30 Bingo-D 10:45 Coffee Klatch-D 1:30 "31" Card Game-V 2:15 Sing Along-C 2:45 Wii Bowling-D</p>
<p>19 Who Am I 9:30 Bingo -D 2:30 Spiritual Music CD-C 3:00 Church Service w/ Mildred & Audrey-C 6:15 Netflix Movie -V</p>	<p>20 Maze Craze <u>8:45 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:30 Piano music w/ Anita-D 1:30 Pokeno-S 2:45 Uno-S</p>	<p>21 9:30 Song Quiz-S 11:00 Tai Chi w/Carol-D 2:00 Bingo-D <u>3:15 Wii Bowling-D</u> 3:45 Apples to Apples-S 6:15 Dominoes-V</p>	<p>22 <u>8:45 Bus Service N&S</u> 9:00 Sit & Be Fit-D 10:30 Cover the Number-S 1:30 Trip Down Memory Lane w/ David-S 3:00 Fact or Fiction-S</p>	<p>23 9:00 Sit & Be Fit-D 9:30 Hidden Picture-D 10:00 Project Linus-D 2:00 Blood Press. & Wt. <u>2:15 Wii Bowling-D</u> 3:30 Pet Visits With Abby & Benson</p>	<p>24 Crack the Code <u>8:45 Bus Service -North</u> 9:00 Sit & Be Fit -D 10:15 Bocce Ball-D 11:15 Bible Study-C 1:30 Dear Abby-S 2:45 Wii Bowling-D 3:00 Happy Hour-L</p>	<p>25 Boggle Board 9:30 Bingo-D 10:45 Coffee Klatch-D 1:30 "31" Card Game-S 2:15 Sing Along-C 2:45 Wii Bowling-D</p>
<p>26 Who Am I 9:30 Bingo -D 2:30 Spiritual Music CD-C 3:00 Church Service w/ w/ Tom-C 6:15 Netflix Movie -V</p>	<p>27 Maze Craze <u>8:45 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:30 Piano music w/ Karen-D 1:30 Pokeno-S 2:45 Uno-S</p>	<p>28 10:00 Book Club-S 11:00 Tai Chi w/Carol-D 2:00 Bingo-D <u>3:15 Wii Bowling-D</u> 3:45 Apples to Apples-S 6:15 Dominoes-V</p>	<p>29 <u>8:45 Bus Service N&S</u> 9:00 Sit & Be Fit-D 10:30 Fact or Fiction-S <u>10:20-1:00 Massages</u> 2:30 Music w/ Jim & Beth-D</p>	<p>30 9:00 Sit & Be Fit-D 9:30 Hidden Picture-D 10:00 Project Linus-D 2:00 Blood Press. & Wt. <u>2:15 Wii Bowling-D</u> 3:30 Pet Visits With Abby & Benson</p>	<p>31 Crack the Code <u>8:45 Bus Service -North</u> 9:00 Sit & Be Fit -D 10:15 Bocce Ball-D 11:15 Bible Study-C 1:30 Dear Abby-S 2:45 Wii Bowling-D 3:00 Happy Hour-L</p>	<p><u>Massage Therapy Available</u> \$13 for 15min \$25 for 1/2hr Contact Kimberly for Appt. 425-356-2127</p>