

December 2019 Sunrise View Retirement Villa / Assisted Living Event Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Who Am I 9:30 Bingo-D 2:30 Spiritual Music CD-C 3:00 Church Service w/ Steve-C 6:15 Netflix Movie-V	2 Maze Craze <u>8:45 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:30 Piano music w/ Anita-D 1:30 Pokeno-S 2:45 Uno-S	3 9:30 Bingo-D 11:00 Tai Chi w/Carol-D <u>1:30 Wii Bowling-V</u> 2:30 Country Music-D 6:15 Dominoes-V	4 <u>8:45 Bus Service N&S</u> 9:00 Mending-V 9:00 Sit & Be Fit-D <u>10:20-1:00 Massages</u> 1:00 Festival of Trees At Tulalip Casino	5 9:00 Sit & Be Fit -D 9:30 Hidden Picture-D 10:00 Project Linus-D 2:00 Blood Press. & Wt. 2:00 Music w/ Sandra-D <u>2:15 Wii Bowling-V</u> 3:30 Pet Visits w/Abby & Benson	6 Crack the Code <u>8:45 Bus Service -North</u> 9:00 Sit & Be Fit -D 10:15 Bocce Ball -D 11:15 Bible Study -C 2:45 Wii Bowling-V Blue Friday 3:15 Happy Hour-L	7 Boggle Board 9:30 Bingo-D 10:45 Coffee Klatch-D 11:00 Carolers 1:30 "31" Card Game-V 3:00 Youth Piano Christmas Recital-D
8 Who Am I 9:30 Bingo-D 2:30 Spiritual Music CD-C 3:00 Church Service w/ First Baptist -C 5:20 Seahawks vs LAR	9 Maze Craze <u>8:45 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:30 Piano music w/ Karen-D 1:30 Pokeno-S 2:45 Uno-S	10 10:30 Sunrise Store -3rd Floor 11:00 Tai Chi w/Carol-D 2:00 Bingo-D <u>3:15 Wii Bowling-D</u> 3:45 Apples to Apples-V	11 <u>8:45 Bus Service N&S</u> 9:00 Sit & Be Fit-D TBD Movie Outing "Dark Waters" Bingo Fundraiser	12 9:00 Sit & Be Fit -D 9:30 Hidden Picture-D 10:00 Project Linus-D 2:00 Blood Press. & Wt. <u>1:45 Wii Bowling-D</u> 3:30 Pet Visits with Abby & Benson	13 Crack the Code <u>8:45 Bus Service -North</u> 9:00 Sit & Be Fit -D 10:15 Bocce Ball -D 11:15 Bible Study-C 1:30 Dear Abby-S Blue Friday 2:45 Wii Bowling-D	14 Boggle Board 9:30 Bingo-D 10:45 Coffee Klatch-D 1:30 "31" Card Game-S 2:15 Spiritual Songs & Fellowship-C 2:45 Wii Bowling-D
15 Who Am I 9:30 Bingo -D 10:00 Seahawks vs CAR 2:30 Spiritual Music CD-C 3:00 Church Service w/ Mildred & Audrey-C	16 Maze Craze <u>8:45 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:30 Piano Music w/ Anita-D 1:30 Pokeno-S 2:45 Uno-S	17 10:00 Christmas Song Quiz-S 11:00 Tai Chi w/Carol-D 2:00 Bingo-D <u>3:15 Wii Bowling-D</u> 6:15 Dominoes-V	18 <u>8:45 Bus Service N&S</u> 9:00 Sit & Be Fit-D <u>10:20-1:00 Massages</u> 1:30 Xmas Dirty Bingo-S 3:30 Eggnog Social w/ the Center Folks-C	19 9:00 Sit & Be Fit-D 9:30 Hidden Picture-D 10:00 Project Linus-D 2:00 Blood Press. & Wt. 2:00 Music w/ Sandra-D <u>2:15 Wii Bowling-V</u> 3:30 Pet Visits w/Abby & Benson	20 Crack the Code <u>8:45 Bus Service -North</u> 9:00 Sit & Be Fit-D 10:15 Bocce Ball-D 11:15 Bible Study-C 1:30 Dear Abby-S Blue Friday 2:45 Wii Bowling -D	21 Winter Begins Boggle Board 9:30 Bingo-D 10:45 Coffee Klatch-D 1:30 "31" Card Game-V 2:30 Holiday Tea-D
22 Hanukkah Begins Who Am I 9:30 Bingo -D 1:25 Seahawks vs AZ 2:30 Spiritual Music CD-C 3:00 Church Service w/ Tom	23 Maze Craze <u>8:45 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:30 Piano music w/ Karen-D 1:30 Pokeno-S 2:45 Uno-S	24 Christmas Eve 9:30 Bingo-D 11:00 Tai Chi w/Carol-D 2:30 Christmas Gift Auction (Bring Your Sunrise View Dollars)-D	25 Christmas Day	26 9:00 Sit & Be Fit-D 9:30 Hidden Picture-D 10:00 Project Linus-D 2:00 Blood Press. & Wt. <u>2:15 Wii Bowling-D</u> 3:30 Pet Visits With Abby & Benson	27 Crack the Code <u>8:45 Bus Service -North</u> 9:00 Sit & Be Fit -D 10:15 Bocce Ball-D 11:15 Bible Study-C 1:30 Dear Abby-S Blue Friday 2:45 Wii Bowling-D	28 Boggle Board 9:30 Bingo-D 10:45 Coffee Klatch-D 1:30 "31" Card Game-S 2:45 Sing Along-C 2:45 Wii Bowling-D
29 Who Am I 9:30 Bingo -D 1:25 Seahawks vs SF 2:30 Spiritual Music CD-C 3:00 Church Service w/ Steve-C	30 Maze Craze <u>8:45 Bus Service-North</u> 9:00 Sit & Be Fit-D 10:00 Ante Up-S 1:30 Pokeno-S 2:45 Uno-S	31 New Years Eve 10:00 Book Club-D 11:00 Tai Chi w/Carol-D 2:00 Bingo-D <u>3:15 Wii Bowling-D</u> 3:45 Apples to Apples-V 7:30 New Years Eve	Please check the daily activity schedules for changes.	<u>Activity Locations</u> C = Convalescent Center D = Dining Room G = Gazebo L = Lobby V = View Lounge (3rd floor) S = Sunrise Lounge (room 304) <u>Underlined Activities Require Reservations</u>	Bus Service Reminder Please empty out your baskets/carriers before using the Bus Service	<u>Massage Therapy Available</u> \$13 for 15min \$25 for 1/2hr Contact Kimberly for Appt. 425-356-2127